

## Pain Management Coding Alert

### ICD-10: Prepare for Expanded Diagnosis Choices for RSD in 2015

**Plus: Don't miss the name change in the index.**

When selecting a diagnosis for reflex sympathetic dystrophy (RSD), you currently have four ICD-9 options based on the affected site. That will change when ICD-10 becomes effective in October 2015, when you'll have more specific site choices to report as well as switch to updated terminology.

**ICD-9 coding:** Diagnoses for RSD belong to the 337.2x code family, with the fifth digit noting the anatomic site. They are:

- 337.20 □ Reflex sympathetic dystrophy, unspecified
- 337.21 □ Reflex sympathetic dystrophy of the upper limb
- 337.22 □ Reflex sympathetic dystrophy of the lower limb
- 337.29 □ Reflex sympathetic dystrophy of other specified site. This could include non-extremity sites such as the chest, breast, or abdomen.

**ICD-10 differences:** Your providers will need to be more specific in their documentation once you begin coding under ICD-10. Notes of "upper" or "lower" won't be enough to pinpoint the best code at that point □ you'll also need to know "right," "left," or "bilateral." The new range of choices will be:

- G90.50 □ Complex regional pain syndrome I, unspecified
- G90.511 □ Complex regional pain syndrome I of right upper limb
- G90.512 □ Complex regional pain syndrome I of left upper limb
- G90.513 □ Complex regional pain syndrome I of upper limb, bilateral
- G90.521 □ Complex regional pain syndrome I of right lower limb
- G90.522 □ Complex regional pain syndrome I of left lower limb
- G90.523 □ Complex regional pain syndrome I of lower limb, bilateral.

Note that ICD-10 also lists the condition under its other name: complex regional pain syndrome, or CRPS. CRPS Type I is the current worldwide term for this condition, replacing the old name of RSD (CRSP Type II represents causalgia). "This is a good example of one of the ICD-10 improvements: updated medical terminology and classification of diseases," says **Marvel Hammer, RN, CPC, CCS-P, ACS-PM, CPCO**, owner of MJH Consulting in Denver, Co.