

Health Information Compliance Alert

Reader Question: What Is 'Social Engineering' & How Is It A Threat?

Question: I recently heard about "social engineering" as a security threat related to HIPAA. What is it?

<u>Answer:</u> Social engineering is "an unauthorized attempt by someone masquerading as a legitimate party to elicit information from a staff member that may be used in attempts to compromise the security of systems or accounts," says **Jim Sheldon-Dean**, founder and director of compliance services for **Lewis Creek Systems LLC**.

In other words: "Social engineering tactics are designed to obtain secure information (login, customer, patient, or corporate data) by conning a person into revealing the information," explains **Michael Whitcomb**, CEO of IT security and regulatory compliance firm **Loricca** in Tampa, Fla. Social engineering exploits the overly trusting nature of most people.

Phishing is a type of social engineering, but phishing emails are becoming more and more sophisticated. "Criminals have gotten smarter and their tactics have evolved," Whitcomb warns. "Train your employees to watch for emails that may contain tricks to access personal or professional information."

According to Sheldon-Dean, when you're investigating and evaluating security incidents, you should categorize them as one or more of the following:

- Denial of Service [] an event that prevents or impairs the authorized use of networks, systems, or applications;
- Unauthorized Access
 [logical or physical access without permission to a network, system, application, data, or other resource:
- Inappropriate Usage
 ☐ a person violates acceptable computing policies; and/or
- Social Engineering.