

MDS Alert

What Do You Think?

Are You Moving Residents Safely?

Test your knowledge about moving patients to make sure you're keeping your body safe, too. Find answers on page 12 to these scenarios from the Occupational Health and Safety Administration.

- 1) True or False: Staff can move patients more safely by using their own bodies instead of mechanical lifts.
- 2) True or False: Training, the use of aids like back brace belts, and moving carefully can fully prevent injuries incurred from work-related tasks like moving residents.
- 3) True or False: Facilities can ward off employee injuries by hiring healthy, fit employees and making sure they maintain their fitness.
- 4) True or False: It's easier, faster, and more convenient to personally move patients rather than finding and using a mechanical lift.
- 5) True or False: Mechanical lift equipment is much too expensive for facilities to use and rely upon.