

## **MDS Alert**

## **Tool: Use This Decision Tree To Curb Your Use Of Physical Restraints**

Start your decision-making process as soon as the resident's admission.

As you know, the use of physical restraints is a hotly debated topic in the long-term care world. The general rule-of-thumb is to avoid using physical restraints, but you still need to make that decision carefully. Try utilizing this decision tree, courtesy of the **Oklahoma Foundation for Medical Quality**:

