

MDS Alert

Resident Assessment: This resident developed a Stage 4 decub.

A resident with a reddened area developed a Stage 4 pressure ulcer (see the case study on p. 16). Assessment data included the following:

- Braden Scale completed on admission. Score = 16 (mild risk)
- No impaired sensory perception
- Rarely moist
- Chair-fast
- Very limited mobility
- Adequate nutrition
- Problem with friction and shear
- Fall Risk = Borderline
- Bowel & Bladder = Foley, continent bowel
- Pain assessment = no pain
- Side rails = indicated as enabler
- Assessments done by RN
- Chronic diagnoses include venous insufficiency, hypothyroidism, weight loss, GERD, HTN
- Meds: Levoxyol, Aldactone, Prevacid, Lasix, Lovenox, Prilosec

Hospital Information:

- Admit Diagnoses S/P ORIF Lt Hip fx & Pinning Lt Humeral Fx
- Hypothyroidism
- Recent weight loss? Etiology
- GERD
- Bilateral venous insufficiency
- Venous stasis changes
- History of venous stasis ulcers
- s/p Hepatitis

- s/p Breast CA (in remission)

- Foley catheter care

RAPs:

- ADL functional/rehabilitation

- Urinary incontinence & indwelling catheter

- Locomotion deficit/use of wheelchair, incongruent with previous lifestyle

- At risk for falls

- At risk poor nutrition, only eats 25 percent

- Dehydration - diuretic/laxative use

- Pressure ulcers, turning & repositioning, ulcer care, dressings, pressure relieving devices

Source: Excerpted from a handout provided as part of an Advancing Excellence Webinar presentation by **Debra Bakerjian, RN, MSN, PhD.**