

MDS Alert

Quality Improvement: Jazz Up Restorative With These Programs

If you're wondering how a ball or ring toss or rhythm band might qualify as restorative nursing that you can capture on the MDS, look no further than P3b.

That's where you code active range of motion, which can include other fun games and even domestic activities, noted **Rita Roedel, RN**, in a presentation on restorative nursing at the March 2009 American Association of Nurse Assessment Coordinators spring meeting.

Other AROM programs might include the following:

- Basketball
- Horseshoes
- Target games
- Balloon volleyball
- Laundry folding
- Drying the dishes

Note: Wheelchair mobility group programs can also qualify as AROM for coding purposes, said Roedel.

Examples include:

- Wheelchair to dine
- Wheelchair to visit
- Wheelchair to activities
- Wheelchair to church