

MDS Alert

MDS Tip: Check Section AC To Reduce Incontinence

Paying attention to Section AC (customary routine) performed at admission can pay off by improving a resident's continence - and scoring in Section H.

Section AC asks whether the resident wakens to toilet at or most nights, notes **Steven Littlehale , MS, APRN, BC**, a consultant with **LTCQ Inc.** in Lexington, MA.

This information can give night-shift caregivers a "heads up" so they may be able to assist the resident to the toilet before he has an incontinent episode, says Littlehale.