

## MDS Alert

### Knowledge Check: Do You Know What to Think About When Writing a Care Plan?

**Fully individualize each care plan to reflect each resident.**

Read these 13 statements about how care plans should be formulated, according to the RAI Manual, and decide if each is true or false. Read more about care plans on page 5, and check your answers on page 7.

- 1. True or false:** Care plans should focus on how to assist the resident in achieving his/her goals.
- 2. True or false:** Care plans should not include individualized interventions that honor the resident's preferences.
- 3. True or false:** Care plans should address ways to try to preserve and build upon resident strengths.
- 4. True or false:** Care plans do not need to take into account ways to prevent avoidable declines in functioning or functional levels.
- 5. True or false:** Managing risk factors to the extent possible or indicating the limits of such interventions are important considerations for care plans to include.
- 6. True or false:** Care plans should utilize current standards of practice.



- 7. True or false:** Care plans do not need to include quantifiable or otherwise measurable objectives, timetables, or outcomes.
- 8. True or false:** Care plans do not need to take into consideration the resident's right to decline treatment.
- 9. True or false:** Alternative treatments are should never be part of care plans.
- 10. True or false:** Care plans should be developed through an interdisciplinary approach.
- 11. True or false:** Involving resident, resident's family and other resident representatives is never appropriate.
- 12. True or false:** The care plan should assess and plan for care that encompasses the resident's goals, preferences, and medical, nursing, mental and psychosocial needs.
- 13. True or false:** Direct care staff do not need to be included or involved in the care planning process relating to the resident's preferences, needs, and expected outcomes.