

MDS Alert

Coding Quizzer: Turn This Conversation With A CNA Into Bed Mobility Coding.

Put your analytical skills to the test.

How would you code a resident's bed mobility based on the conversation between an RN assessment coordinator and nursing assistant below?

R.N. "Describe to me how Mrs. L positions herself in bed. By that I mean once she is in bed, how does she move from sitting up to lying down, lying down to sitting up, turning side to side, and positioning herself?"

N.A. "She can lie down and sit up by herself, but I help her turn on her side."

R.N. "She lies down and sits up without any verbal instructions or physical help?"

N.A. "No, I have to remind her to use her trapeze every time. But once I tell her how to do things, she can do it herself."

R.N. "How do you help her turn side to side?"

N.A. "She can help turn herself by grabbing onto her side rail. I tell her what to do. But she needs me to lift her bottom and guide her legs into a good position."

R.N. "Do you lift her by yourself or does someone help you?"

N.A. "I do it by myself."

R.N. "How many days during the last week did you give this type of help?"

N.A. "Every day."

Source: RAI user's manual, chapter 3.

Answer: Mrs. L would receive an ADL Self-Performance Code of "3" (extensive assistance) and an ADL Support Provided Code of "2" (one person physical assist).