

## MDS Alert

### Coding Quizzer: Coding Depression, Anxiety, Sad Mood

How would you code E1a through p for the following resident?

Mr. F is a new admission who becomes upset and angry when his daughter visits (three times a week). He complains to her and staff caregivers that "she put me in this terrible dump." He chastises her "for not taking him into her home," and berates her "for being an ungrateful daughter." After she leaves, Mr. F becomes remorseful, sad-looking, tearful and says, "What is the use? I'm no good. I wish I died when my wife did."

#### Coding Key:

E1a Negative statements

E1b Repetitive questions

E1c Repetitive verbalizations

E1d Persistent anger with self or others

E1e Self-deprecation

E1f Expressions of what appear to be unrealistic fears

E1g Recurrent statements that something terrible is going to happen

E1h Repetitive health complaints

E1i Repetitive anxious complaints/concerns (non-health related)

E1j Unpleasant mood in the morning

E1k Insomnia/changes in usual sleep pattern

E1l Sad, pained, worried facial expression

E1m Crying, tearfulness

E1n Repetitive physical movements

E1o Withdrawal from activities of interest

E1p Reduced social interaction

**Directions:** Code "0" if the indicator wasn't displayed in the last 30 days; code "1" if the resident displayed the indicator in the last 30 days (up to five days/week, i.e., at least once during the last 30 days but less than six days/week). Code "2" if the resident displayed the indicator daily or almost daily (6, 7 days a week).

**Answer:** Code 1 (indicator of this type exhibited up to five days a week) for the following four items (and "0" for all other

mood items):

E1a. Resident made negative statements

E1d. Persistent anger with self or others

E1e. Self-depreciation

E1m. Crying, tearfulness