

## MDS Alert

### **Clip 'N' Save: TRACKING FOR INDICATORS OF SADNESS, DEPRESSION AND ANXIETY**

Whenever any of the behaviors noted below are observed, identify the specific behavior, date and document the circumstance, interventions, and resident's response. Do not accept any of the behaviors are "normal." Do not consider the circumstance of the observation. The importance is to capture the observation of these behaviors whenever they occur. 