

## MDS Alert

### Clip 'N' Save: The Low Down For Capturing A Resident's Depressed Or Sad Mood

**Here's what the RUG grouper will count.**

The resident is considered depressed if he has at least 3 of the following: (indicator exhibited in last 30 days and coded "1" or "2").

- E1a Negative statements
- E1b Repetitive questions
- E1c Repetitive verbalization
- E1d Persistent anger with self and others
- E1e Self-deprecation
- E1f Expressions of what appear to be unrealistic fears
- E1g Recurrent statements that something terrible is going to happen
- E1h Repetitive health complaints
- E1i Repetitive anxious complaints/concerns (non-health related)
- E1j Unpleasant mood in morning
- E1k Insomnia/changes in usual sleep pattern
- E1l Sad, pained, worried facial expression
- E1m Crying, tearfulness
- E1n Repetitive physical movements
- E1o Withdrawal from activities of interest
- E1p Reduced social interaction

Does the resident have 3 or more indicators of depression?

YES\_\_\_\_ NO\_\_\_\_

Source: RAI user's manual, chapter 6