

MDS Alert

Clip 'N' Save: Connect The Dots To Detect Dehydration

Seemingly unrelated signs and symptoms can signal this serious condition.

Functional Signs and Symptoms

- Lethargy and weakness
- Change in mental status
- Falling
- Change in ability to carry out ADLs
- Increased combativeness and confusion

Physiological Signs and Symptoms

- Recent rapid weight loss
- Dry eyes and/or mouth
- Change in mental status
- Fever
- Vomiting
- Postural hypotension
- Small amount of concentrated urine
- Urinary tract infections
- Pulse >100 beats/minute and/or systolic blood pressure <100 mmHg
- Dizziness

Source: AMDA, used by written permission.