

MDS Alert

Behavior Assessment: Tool Aids Care Planning

Identifying behavior triggers tells you the 'rest of the story.'

Prevention is the best medicine - and figuring out what triggers a resident's behaviors can help you implement simple environmental and interpersonal strategies to help residents with dementia or psychiatric issues feel more comfortable and in control.

Good Shepherd Nursing Home caregivers use the assessment tool on the right to gather information for psychosocial careplanning.

Resident _____ Resident # _____ Room # _____

Environment Report (RN, LPN, CNA)

(Please answer the questions below explaining any "yes" answer)

1. Does noise seem to trigger resident's behaviors?

No ___ Yes ___

___ Music ___ Intercom ___ Other Residents

___ Alarm ___ Phones ___ Shift Change

___ TV ___ Other _____

2. If the resident's area is too congested or if he/she is in a crowded area, does this trigger behaviors?

No ___ Yes ___

___ Hallway ___ Intruder

___ Lounges ___ Dining Room

___ Other _____

3. Does lighting seem to trigger resident's behaviors?

No ___ Yes ___

___ Windows at end of hall ___ Too little lighting

___ Too much light ___ Other _____

4. Do cares seem to upset the resident?

No ___ Yes ___

___ Bathing (___ Shower ___ Tub)

___ ADL Cares ___ Toileting

___ Other _____

5. Other Factors:

___ Time of day ___ Better or worse with certain staff

___ Shift change ___ Roommate problems

___ Sensory

___ Poor vision

___ Poor hearing

___ Dislikes being touched

___ Likes being touched

___ Other _____

6. Please rate overall behaviors:

_____ Improved _____ No change _____ Deteriorated

7. Are there approaches on the care plan that no longer work?

No___ Yes___

Explain: _____

Suggestions: _____

Staff Signature _____ Date _____

Source: Good Shepherd Services.