

Long-Term Care Survey Alert

Clip -n- Save: Guidelines Galore: Check Out These Evidence-Based Protocols

Nursing facilities looking to implement best practices have a number of evidence-based clinical practice guidelines from which to choose. The **American Medical Directors Association** has published the following Clinical Practice Guidelines specifically for use in long-term care settings (www.amda.com/info/cpg/):

1. Altered Mental States (1998)
2. Altered Nutritional Status (2001)
3. Chronic Pain Management in the Long Term Care Setting (1999)
4. Dehydration and Fluid Maintenance (2001)
5. Dementia (1998)
6. Depression (1996)
7. Pharmacotherapy Companion to Depression (1998)
8. Diabetes (2002)
9. Falls and Fall Risk (1998)
10. Heart Failure (Revised 2002)
11. Guideline Implementation (1998)
12. Osteoporosis (1998)
13. Parkinson's Disease (2002)
14. Pressure Ulcers (1996)
15. Pressure Ulcer Therapy Companion (1999)
16. Urinary Incontinence (1996)

The following guidelines can be downloaded or printed from the **National Guideline Clearinghouse** Web site at www.guideline.gov:

17. Practice guideline for evaluation of fever and infection in long-term care facilities. Infectious Diseases Society of America - Medical Specialty Society. (Sept. 2000)
18. Prevention and control of influenza. Centers for Disease Control and Prevention - Federal Government Agency [U.S.].

1984 Apr. (revised April 2003)

19. Guidelines for the prevention of falls in people over 65. Barts and the London, Queen Mary's School of Medicine and Dentistry - Academic Institution. (2000)
20. Treatment of pressure ulcers. Agency for Healthcare Research and Quality - Federal Government Agency [U.S.]. 1994 (reviewed 2000)
21. Pressure ulcers in adults: prediction and prevention. Agency for Healthcare Research and Quality - Federal Government Agency [U.S.]. 1992. (reviewed 2000)
22. Wheelchair biking for the treatment of depression. University of Iowa Gerontological Nursing Interventions Research Center, Research Dissemination Core - Academic Institution. (Feb. 2003)
23. Family bereavement support before and after the death of a nursing home resident. University of Iowa Gerontological Nursing Interventions Research Center, Research Dissemination Core - Academic Institution. (October 2002)
24. Management of patients with stroke. Scottish Intercollegiate Guidelines Network - National Government Agency. (revised November 2002)
25. The management of persistent pain in older persons. American Geriatrics Society - Medical Specialty Society. (revised June 2002)
26. Prevention of pressure ulcers. University of Iowa Gerontological Nursing Interventions Research Center, Research Dissemination Core - Academic Institution. (revised May 2002)