

## Long-Term Care Survey Alert

### **Clinical Developments: VITAMIN C SHOWN TO PROTECT SKIN FROM CANCER, AGING**

Researchers now believe Vitamin C long touted for its healing powers can protect the skin against aging, cancer and other ailments.

According to a report in the **National Skin Cancer Foundations** Sun & Skin News, Vitamin C applied topically can reduce tumor formation and erythema (reddened skin). Skin creams rich in Vitamin C may also keep the skin smooth by promoting collagen production.