

Long-Term Care Survey Alert

Clinical Developments **BROCCOLI KILLS ULCER-CAUSING BACTERIA**

Here's a reason to dish up the broccoli casseroles at your facility. A study published by Johns Hopkins researchers in the May 28 Proceedings of the National Academy of Science suggests that the sulforaphane found in broccoli kills *Helicobacter pylori*, the bacteria believed to cause most stomach ulcers. Even brief exposure to sulforaphane proved deadly to the bacteria, including antibiotic-resistant forms. Complementary research on mice also shows that sulforaphane inhibits gastric tumors in mice.