

## Long-Term Care Survey Alert

### Behavioral Management: Experts Share Creative Supervision Approaches for Dementia Residents Who Act Out Sexually

**You can make this type of day club an attractive option, says former DON.**

How can a facility supervise a cognitively impaired resident who makes sexual advances toward other residents?

Nurse attorney **Barbara Miltenberger** suggests placing the resident in a room nearest the nurse's station. Also alert the care staff to be aware of the person's behaviors, she advises.

During the day, "the facility could provide a 'men's only' day club which a resident who behaves inappropriately with female residents can attend" and receive supervision, says **Lynda Mathis, RN, BS, CLNC**, lead clinical consultant for LTC Systems in Conway, Ark. "You can make this an attractive option by providing the kinds of activities that men used to do [back in the day], such as watching sports events, playing pool, playing cards or dominos etc."

Not for men only: A "lady's club" with household tasks and activities that women used to do might serve the same purpose for a female with dementia who is acting out sexually, says Mathis.

Another option is to assign the resident or residents to a floor where a CNA sits in the middle of the hall throughout the evening and night, says Mathis. "If there are residents who wander at night, it might be helpful to have an activity room available where the residents" can engage in activities to occupy them while being supervised, adds Miltenberger, with Husch Blackwell in Jefferson City, Mo.