

Eli's Rehab Report

SNFs: Consider a Full-Time PA or NP

The most frequent advice **Fran Fowler, FAAHC**, managing director of Health Dimensions Group in Atlanta, gives to her SNF clients is to create more of a medical model. "SNFs are going to have to upgrade the skill of their nursing staff and utilize a nurse practitioner or physician assistant," she tells **Eli**.

The benefits: PAs and NPs are cheaper, and with one on staff full-time, patients can be seen at much more regular intervals, Fowler says. Then, therapy and other staff have a medical expert turn to before calling a physician who may just suggest sending the patient to the hospital.