

## **Eli's Rehab Report**

### **News Briefs: Don't Brush Off Cognitive Training Too Soon**

Occupational therapists and speechlanguage pathologists may be interested in a new study that shows seniors with memory impairment can still benefit from cognitive training. Such training could allow mildly impaired older adults "to maintain skills that allow them to carry out daily tasks and lead a higher quality of life," according to the National Institutes of Health-funded study published in the November 2007 Journal of the international Neuropsychological Society.

Study subjects that couldn't improve memorization could still improve reasoning and processing skills, said the study, which was conducted by an Indiana University- Purdue University at Indianapolis researcher.

More information is at [www.nih.gov/news/pr/nov2007/ninr-30.htm](http://www.nih.gov/news/pr/nov2007/ninr-30.htm).