

## Eli's Rehab Report

### Clip & Save: Spot Respiratory Distress -- And Reduce Readmissions -- With This List

**Keep distress signs front-and-center in your practice.**

Recognizing and treating your patients' early respiratory distress can greatly decrease your practice's readmissions rate.

Strategy: Train therapists to spot distress signs. Give them laminated cards to carry with them or post a list of the signs prominently in high-traffic areas where therapists are sure to see them. Keeping the signs top-of-mind will go a long way toward treating the symptoms before they become full-blown illnesses. Therapists can also refer to the list when assessing a patient's health.

You can create your own list of symptoms or use the following list, created by the **Ohio State University Medical Center**. Once you have respiratory distress under control, you can tackle other common reasons for readmission.

