

# **Optometry Coding & Billing Alert**

# Back to CPT Basics: Have You Made Your Case for 99214? Read This, Then Decide

#### Determine whether you're basing your coding on time spent with the patient

Office visit code 99213 may seem like a reliable friend to **optometry coders**. But if you-re relying too heavily on that code, when you could justifiably be coding 99214 or 99215, that friend could be costing you as much as \$67 per patient.

Optometrists report 99213 (Office or other outpatient visit for the evaluation and management of an established patient ...) more frequently than they report any other E/M code, and with good reason: In accordance with CMS- documentation guidelines, optometrists don't frequently perform E/M services that warrant higher-level codes. So if your practice reports mostly 99214's and 99215-s, you-d better be prepared to show an auditor the required documentation.

## Don't Upcode, but Don't Fall Into 99213 Rut

Many physicians have been conditioned over the years to assume every visit warrants 99213, so even when a physician's documentation supports a level-four visit, he often chooses a level-three established patient service just to be safe.

But if your documentation supports billing 99214, you should report it, says **Betty Carpenter, CCS-P**, coding and compliance manager for a practice in Grand Rapids, Mich.

To report 99214, says **Mary Cremers, CPC**, coder for the Northwest Eye Clinic in Minneapolis, the optometrist must document all of the following:

- a detailed history
- a detailed exam
- medical decision-making of moderate complexity.

According to CPT, an MDM of moderate complexity means that the optometrist must meet or exceed two of the following three components:

- multiple diagnoses or management options
- moderate amount and/or complexity of data to be reviewed
- moderate risk of complications and/or morbidity or mortality.
- -That doesn't mean that every visit is going to be a 99213,- says **Heather Corcoran**, coding manager at CGH Billing Services in Louisville, Ky. -In fact, some insurers put up red flags when a practice never bills any other E/M codes. They wonder what type of patient care a practice is providing when they never, ever bill anything higher than that. Or they wonder why every visit warrants a 99213 and none ever justifies a 99212.-

# **Count All Counseling Minutes**

Although optometry coders do encounter the occasional 99214 chart, they rarely report 99215--unless counseling or coordination of care dominates the E/M visit. In those cases, you can select your E/M code based on the amount of time that the optometrist spends with the patient.

According to CPT guidelines, if counseling and/or coordination of care constitutes more than 50 percent of the



physician/patient encounter, you may use time as -the key controlling factor to qualify for a particular level of E/M services.- CPT stresses, however, that to code by time the physician must clearly document how long the complete examination took and how much time he spent counseling the patient.

#### **Review Time-Based Coding Guidelines**

**Start here:** For most E/M codes, CPT lists the time the physician usually spends rendering the service. For example, for established patient code 99215, CPT states, -Physicians typically spend 40 minutes face-to-face with the patient and/or family.- This is called the -reference time.- If the optometrist documents that he spends a total of 45 minutes with a patient and documents that he spent 25 of those minutes providing counseling, you are justified in skipping 99214 and coding 99215 for the visit.

### **Use Eye Codes for Annual Exams**

When should you use an ophthalmological examination code (92002-92014, Ophthalmological services: medical examination and evaluation -) instead of an E/M code to describe an office visit? It depends on what exactly you-re examining and for what reason, experts say.

If you are strictly evaluating the function of the eye, report an eye code (92002-92014). If, however, you are evaluating a more far-reaching systemic disease process, report the appropriate E/M code (99201-99215).

-If I am doing an annual exam with or without complaints, I am going to use a 920xx code,- says **David Gibson, OD, FAAO**, a practicing optometrist in Lubbock, Texas. -These give me a complete overall view of the status of the ocular health.-

For -visits done strictly to evaluate a specific condition, or for non-visual complaints needing prompt attention,- Gibson uses the E/M codes. -I always use 992xx codes for emergency visits--such as red eye, foreign bodies or sudden pain--or progress-type visits to monitor a condition like glaucoma, or follow-up visits after a foreign-body removal.-

**Example 1:** A new patient presents complaining of blurred vision. You perform a comprehensive dilated examination, including checking her ocular mobility, screening visual fields and intraocular pressure. Since this is strictly an examination of the eyes- function, use 92004 (Ophthalmological services: medical examination and evaluation with initiation of diagnostic and treatment program; comprehensive, new patient, one or more visits).

**Example 2:** A new patient presents with some symptoms of glaucoma but also complains of a recent onset of headaches. The optometrist takes a comprehensive history, performs a comprehensive eye exam and makes moderately complex medical decisions.

This additional evaluation, with the appropriate documentation, constitutes an E/M service. Code this visit with 99204 (Office or other outpatient visit for the evaluation and management of a new patient -).

-If this were a new patient to my office and I didn't perceive this to be an emergency, I would code a 92004 for the initial evaluation just to establish a record and obtain baseline readings,- Gibson says.